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FOR IMMEDIATE RELEASE

Healthy Kids Grant Cycle Now Open for 2019 - 2020

All public elementary, middle and high schools located in Northern Virginia are eligible to apply

March 15, 2019 (Oakton, VA) - Today the Community Foundation for Northern Virginia opens its annual Healthy Kids Grant Cycle for 2019-2020 school year. This grant opportunity helps public schools encourage healthy lifestyles through increased exercise and better nutrition.

Grants up to \$2,000 each are available to individual public schools in Northern Virginia that implement a program or strategy to encourage better nutrition or more activity among their student body during the school year.

"Our healthy kids grant is part of our commitment to fight obesity and provide access to nutrition education for the kids of Northern Virginia," said Eileen Ellsworth, President and CEO for the Community Foundation for Northern Virginia. "These funds will provide schools additional financial resources they need to provide access to health-focused programs for all students."

The 2019-2020 school year is the ninth annual Healthy Kids grants cycle. To date Community Foundation has awarded a total of \$138,245 in healthy kids grants.

Examples of school-based initiatives the grants could help support include, but are not limited to:

- Starting an after-school activity club that promotes physical fitness.
- Starting a walking club for students and teachers.
- Developing a school health advisory council comprised of students, parents, teachers, administrators, other school staff and community representatives.

- Developing and sharing calorie counts and nutritional information for all school breakfasts and lunches so students can make healthy choices.
- Healthy Cooking Classes

The grants are awarded in a competitive grant process. Get started with your application by clicking [here](#).

About the Community Foundation for Northern Virginia:

The Community Foundation for Northern Virginia helps grow local philanthropy to respond to critical need and seed innovation in the region. Comprised of donor advised funds, permanent funds, giving circles, and other charitable endowments, the Community Foundation connects donors to community and promotes a more equitable and inclusive prosperity that marries our economic strength with the full breadth of our diverse community.

In 2018 the Community Foundation awarded more than \$7.1 million in grants and scholarships and now reports \$66 million in managed philanthropic assets. For more information please visit us at www.cfnova.org on Facebook <https://www.facebook.com/CommunityFoundationforNOVA/>, Twitter <https://twitter.com/CFNova>, and Instagram <https://www.instagram.com/communityfoundationfornova/>.

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